



Bridgeway
Freedom Through Recovery

Bridgeway Beacon

WINTER 2023

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A word from our CEO

As I sit in my office and overlook the Capitol there is a sea of gold, orange and crimson which serves as a clear reminder that Fall has arrived in Oregon. While I enjoy the rebirth of flowers in the Spring and the warm evenings of Summer, it is Autumn and the glorious spectacle of color that we see is one of the reasons that we all appreciate our home state.

At Bridgeway we continuously strive to improve life in Oregon with the variety of services we have built to promote healthy communities and make Oregon safer for individuals and families.

In 2023, Bridgeway expanded our workforce by adding clinicians, peer mentors, school-based counselors and acquiring additional properties for service expansion. By the end of this year, we hope to open "Lupe's House," a women's stabilization home in Keizer, Oregon that will provide a safe and sober living environment for individuals transitioning from one service to another. We have had folks stumble after they have completed Detox while awaiting a residential bed. Lupe's House will provide them with a safe place to stay during this time.

We are in the final stages of purchasing two new (to us) homes in South Salem where we plan to expand our residential services to 16-20 individuals. The houses even come with a dog shelter, opening the possibility for the residents to bring their dogs with them. By expanding our residential housing and treatment homes we work to build a healthier and safer community for us all.



Tim
Murphy

We have also finished the planning stages and architectural drawings for the Bridgeway Medical Center that will join our outpatient clinic on Front Street in downtown Salem. This facility will add detox beds, and a sobering service, along with an expanded primary care clinic that will also be a focus on community health. We will be expanding services in Stayton by opening an outpatient clinic that will serve our neighbor communities in the Santiam Canyon area.

One of the areas I am most proud of over this last year has been our connection to community partners where we are able to work together to build supportive relationships that better serve those in need of services. Organizations like Community Action, Arches, Church in the Park, Union Gospel Mission, Iron Tribe, and our local Health Department to name just a few.

A DECADE IN THE MAKING

What started with a couple employees getting some exercise has steadily grown into something wonderful.

With hard work and dedication, an annual event that attracts hundreds of members of the community has been brought to life.

The Run For Recovery brings awareness to the plight of individuals dealing with substance use and mental health issues; it highlights the power of community and lends much needed support to people who are seeking help. It serves as an opportunity to share experiences, encourage others by example and serves to support the fact that through hard work and desire, recovery is possible.

September 30, 2023, marked the 10th Anniversary for Run For Recovery.

From humble origins to a much-loved and highly anticipated community event, the 1-mile walk and 5k run, celebrates the successes of all those around us, the Run For Recovery inspires everyone involved.

Participants, including individuals in recovery, their families, friends and partners unite to offer encouragement, inspiration and to reinforce their commitment to recovery and promoting long-term success.

“The 10th anniversary of the Run for Recovery allowed us to reflect on the progress made over the years, it serves to remind us of the many lives transformed, the personal milestones achieved, and the resilience of individuals in our community,” Lisa Mattes, Director of Marketing and Development for Bridgeway Recovery said.

This event encourages a platform for open dialogue, education, and awareness. It serves to challenge misconceptions and promote a more inclusive and supportive community through personal stories of success.

“By shifting public perception, we create an environment that encourages individuals to seek help without judgement and fosters a sense of belonging and acceptance,” Tim Murphy, CEO for Bridgeway Recovery said.

It is a time to honor the efforts of organizations like Bridgeway Recovery Services, and the unwavering dedication of the community in supporting the recovery journey.

With over 300 participants this year, we were very present at Riverfront Park in Salem with runners donning our purple and lime green shirts. The weather was fantastic and it was a celebration.

“Ten years is a huge milestone, and we will be there every year as long as substance use is present,” Mattes said.

There is so much that tells the story of Bridgeway Recovery, but the Run For Recovery is one of the most special ways we show our commitment to our community, our clients, as well as providing the belief in Freedom Through Recovery.





Campbell's Soup, a household name and provider of delicious soups, is proud to announce a new partnership.

This year our employees have decided to dedicate donations towards helping combat drug and alcohol addiction. Bridgeway Recovery Services in Salem Oregon is a dedicated, non-profit organization working in the realm of addiction recovery. Campbell's soup values our ability to help support the well-being of our community.

Bridgeway Recovery Services specializes in offering drug and alcohol treatment for men and women, as well as a 24/7 detox facility, an adolescent program, and much more.

The funds raised through this campaign will directly contribute to Bridgeway's expanding outreach and serve to make a lasting impact on those individuals seeking help and recovery.

"At Campbell's we believe in the power of community and giving."

"I want to thank Campbell's Soup and Kettle Chips for joining with Bridgeway in support of our community. With this collaborative support, we will be able to strengthen the services we provide in Marion County and throughout the state," Tim Murphy, CEO with Bridgeway Recovery Services said.

Overdose Awareness

August 31st is National Overdose Awareness Day. This year Bridgeway was proud to sponsor and host a gathering for members of the community to come together to share stories of recovery and how they restored their lives. The turnout was wonderful and the Bridgeway Food Truck made an appearance, providing a meal for everyone in attendance.

Each day more than 100 people die from overdoses. This problem is only getting bigger with the introduction of newer, more deadly and dangerous drugs, such as Fentanyl and Xylazine.

Shining a light on the problems and sharing stories of success are the reason we come together for events like this. It is easy and tempting to demonize those struggling with addiction symptoms, but it is not fair. These individuals are suffering. Here at Bridgeway Recovery, our goal is to help these people write a new chapter in their lives. A story that does not include substance abuse. A story they can be proud to tell.

Recovery is possible. We're here to help when you're ready.



Moving Forward Program

The impacts of substance abuse are not limited to the user. Their friends, families, and loved ones are all affected.

The Bridgeway Moving Forward Program aims to provide access to education and counseling services to those in our community who are impacted by their loved one's substance abuse and mental health symptoms.

The program consists of a Family Counselor who is certified in alcohol and drug counseling.

The hours for the Moving Forward program will be Monday through Thursday, from 10am to 8pm, allowing services to take place after traditional work hours.

Individuals can be referred from those already receiving services at Bridgeway or those outside Bridgeway whose service provider has sent a referral.

Individuals can also self-refer to the program.

People in the program may participate in educational groups to learn more about the treatment process and specific diagnoses. They may receive referrals to resources that best fit their needs, or they may begin individual/group counseling on an ongoing basis.

Insurance is not required to receive services through the Moving Forward Program or another community agency.

The only requirement is a desire to engage in support due to the impact that someone else's substance use or mental health symptoms have had on you and your ability to complete your day-to-day tasks.

'Tis The Season

As the colder weather sets in, so to do the seasonal holidays.

This year, like many others in recent years, has provided a number of challenges for all of us.

The weight of the world can be overwhelming at times, especially during the holidays.

Take a moment to think of someone you're grateful for. Is there someone you haven't spoken to in a long time? A brother or sister you haven't seen? When was the last time you called mom?

A simple act of generosity. A quick word of kindness. Something small could make all the difference in someone's world this year.

Tell your people you love them. Do it today. Do it now. The holidays are too often distorted by gifts and trips. It's burdened by credit card debt and seasonal depression.

Let's all try to remind ourselves of the true gifts that may surround us. Our family. Our friends. Our pets. Breathe in the moment and try to remember, nothing is promised to us. One mistake most of us make is thinking we have more time. I'll do it tomorrow. I'll call him later. Do it now. Tell someone they are loved. Mean it. Give thanks to all the blessings that surround us.



Please Welcome to the team

Rachel Lucas - Nurse Supervisor

Gregory Handsaker - Addictions Treatment Specialist

Robin Buss - HR Generalist/recruiter

Jacklyn Raymond - Peer Navigator with BCC program

Alexis Bakies - Addictions Treatment Specialist

Paul Angeles - Recovery mentor with MMW program

Mindy Mcqueen - Addictions Treatment Specialist

Bree Bakies - Addictions Treatment Specialist

Judy Nix - Addictions Treatment Specialist

Sherry Gore - Addictions Treatment Specialist

Craig Ellsworth - Addictions treatment Specialist

Lyuba Endicott - Kitchen Aide

Israel Fagan - Kitchen Aide

Isabel Morales-Gonzales - Addictions Treatment Specialist

Sarah Welter - Addictions Treatment Specialist

Sherry Poitra - Administrative Support

Kallen Lawson - Addictions Treatment Specialist

Shad Russell - Marketing & Development Assistant

Debbie Endicott - Certified Nursing Assistant

Racheal Prisco - Addictions Treatment Specialist

Anthony Valdez - Maintenance Specialist

welcome
TO THE TEAM

Honoring Lupe Moreno

Lupe Moreno (Gonzales) was a fixture of Bridgeway for well over 15 years...she was one of the "founding members" of Bridgeway Recovery Services and served in many roles as our company developed.

Lupe's huge heart was recognized by all who met her, worked with her or was recruited by her.

We are dedicating our new Women's Stabilization Home to her because of the whole-hearted commitment she made to Bridgeway.

We are hoping to open Lupe's House, a 6-8 bed home, late this year or early in 2024.

-Tim



Congratulations: Shellee Rodriguez

It's hard enough taking care of one home.

If you doubt that, just ask Shellee Rodriguez. She's responsible for five of them, not including her own.

While new to the position, Shellee is excited to step into her role as The Director of Residential Services for Bridgeway Recovery Services.

"I want to continue to develop and strengthen the program," Rodriguez said. "We have an excellent residential treatment service and now, I think is the time to move it to that level of 'premiere'."

"We want to be the premiere residential treatment for our area."

There are challenges that come along with this goal. Staffing being amongst the most prevalent.

"We're a twenty four seven facility, which means we have to staff it, twenty four seven," Rodriguez said.

"The staffing is the biggest challenge."

"It's important for me to grow the residential treatment services, particularly with this fentanyl epidemic that we have and the clientele that we serve.

The work will be long and full of challenges, both seen and unforeseen, but Shellee and the Bridgeway Recovery Services team are committed to the task.

If you or someone you know needs help, we are here for you. Contact us at (503) 363-2021.

Online Orders—Now at the Bistro

Cadi, our favorite barista, is now, proudly, offering the option for online orders. Expedite your coffee stop so you can enjoy a little more time on your break.

- Gift Cards also now available

To order ahead visit the following website: <https://bridgeway-bistro.square.site/>

Bridgeway Recovery Services is a nonprofit integrated health care organization. Bridgeway offers a full continuum of support services including both outpatient and residential treatment for chemical dependency and problem gambling, mental health support, medically managed withdrawal, and primary care.

Bridgeway Phone: (503) 363-2021
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The Rolling Bridgeway Café:

Grab a Bite. Change a Life

Everyone deserves to eat.

For some folks, food isn't always a guarantee.

Bridgeway Recovery Services is doing everything it can to change that.

The Rolling Bridgeway Café is another tool in Bridgeway Recovery's belt, that is working to improve the lives of those members of our community by serving up healthy, often times, locally sourced, delicious meals.

It's hard to say where you'll see the food truck make an appearance. During the spring and summer months, it can be found at the Salem Saturday Market.

Other days, you might find them serving sandwiches during National Overdose Awareness day or serving delicious twice-baked potatoes during our annual Run For Recovery.

The Rolling Bridgeway Café is more than a food truck. For many, it's a second chance.

The truck serves as a jobs program, helping people in our community on their journey to independence.

No one should feel ashamed of their journey to better health.

Our food truck invites and encourages Salem to support folks in recovery and gives employees a new path forward—all while serving up some delicious food.

In addition to participating in a variety of local events in the community, The Rolling Bridgeway Café is also available for catering events.

If you have a company gathering or a family event and you're looking for a way to give back to the community we're all so lucky to be a part of, consider reaching out to and booking us for your gathering.

All the proceeds go toward helping us further our mission of helping those suffering with symptoms of addiction and mental health. Everyone needs help now and then.

By allowing us to serve you, you're helping us continue that mission.



Newly Promoted to Culinary Supervisor: Mikey Anderson



Employment Opportunities

The employment opportunities at Bridgeway Recovery Services are for positions that support our mission of helping people in our community who struggle with the symptoms of addiction to drugs, alcohol, problem gambling, and/or other psychiatric illnesses. Our culture is one of mutual respect, encouragement and a desire to see each staff member grow and excel.

Bridgeway Recovery Services is an Affirmative Action, Equal Opportunity Employer. If you have a special need or seek accommodation to aid in our hiring process, please contact us at:

Jobs@bridgewayrecovery.com

To apply please visit:

<https://bridgewayrecovery.isolvedhire.com/jobs/>